

MAJOR IN PSYCHOLOGY, ACCELERATED ADDICTIONS COUNSELING CONCENTRATION

Students completing the Major in Psychology will receive a sound, liberal arts education grounded in the natural sciences. In attaining a B.S. degree, majors will acquire a solid foundation in the natural sciences; develop strong analytical, mathematical, and statistical skills; and develop skills in evaluating, designing, and analyzing psychological research.

Students in the Accelerated Addictions Counseling (AAC) Concentration focus on the psychology of treating addictions. The AAC Concentration is designed for students who are interested in completing the Accelerated Masters in Addiction Counseling in Psychology program. This is part of a Collaborative Campus Agreement between Northeastern Junior College (NJC) and CSU where the student completes an associate's degree at NJC, transfers to CSU and completes a B.S. degree and the AAC Concentration by taking online courses and remote courses offered on the NJC campus. Graduates who complete the concentration with a GPA of 3.00 or better and complete specific courses will be eligible for admission to the Graduate School to complete one year of graduate education and earn the Master of Addiction Counseling in Psychology, Plan C (M.A.C.P) (<https://catalog.colostate.edu/general-catalog/colleges/natural-sciences/psychology/master-addiction-counseling-psychology-plan-c/>) degree.

Learning Objectives

Successful students will:

1. Demonstrate a solid foundation in the natural sciences.
2. Demonstrate strong analytical, mathematical, and statistical skills.
3. Identify, describe, and demonstrate knowledge of the major branches of psychology.
4. Describe, evaluate, and apply methods for conducting research and analyzing data in psychology.
5. Demonstrate the ability to analyze, synthesize, and evaluate material from psychology.
6. Demonstrate the ability to write and communicate effectively on topics in psychology.
7. Appraise the diversity, complexity and intersectionality of human experience.
8. Apply ethical standards to evaluate psychological science and practice.
9. Engage in professional development and lifelong learning.
10. Demonstrate knowledge and skills in counseling psychology and addictions treatment.

Requirements Effective Fall 2025

Students must have a C or better in each of the following courses: PSY 100, PSY 192, PSY 210, PSY 250, PSY 252, PSY 311C, PSY 350, the two lecture-lab pairs in psychology (for the AUCC 4A, 4B requirement) and the third additional lecture selection from: PSY 315, PSY 370, PSY 452, or PSY 458.

Maximum of 12 credits allowed toward graduation for any combination of PSY 295, PSY 296, PSY 384, PSY 484, PSY 486, PSY 487, PSY 488, PSY 495A-PSY 495F, PSY 496A-PSY 496F, PSY 498A-PSY 498F, PSY 499A-PSY 499F.

Freshman

		AUCC	Credits
CO 150	College Composition (GT-CO2)	1A	3
MATH 117 ¹	College Algebra in Context I (GT-MA1)	1B	1
MATH 118 ¹	College Algebra in Context II (GT-MA1)	1B	1
MATH 124 ¹	Logarithmic and Exponential Functions (GT-MA1)	1B	1
PSY 100	General Psychology (GT-SS3)	3C	3
PSY 192	Psychology First-Year Seminar		1
Select one course from the following:			3-4
BZ 101	Humans and Other Animals (GT-SC2)	3A	
LIFE 102	Attributes of Living Systems (GT-SC1)	3A	
CS*** ²			2-4
PHIL *** ³			3
1C (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc)			3
Social and Behavioral Sciences (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#social-behavioral-sciences) ⁴			3
Electives			3-6
Total Credits			30

Sophomore

PSY 250	Research Design and Analysis I		3
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PSY 320	Psychopathology		3
SPCM*** ⁵			3
Select one course from the following: ⁶			3
ETST***			
PSY 305	Psychology of Religion		
PSY 327	Psychology of Women		
PSY 328	Psychology of Human Sexuality		
PSY 437	Psychology of Gender		
WS***			
Any additional AUCC 1C course			
Arts and Humanities (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)			6
Biological and Physical Sciences (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences)			3-4
Historical Perspectives (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives)			3
Electives			5-6
Total Credits			30
Junior			
PSY 210	Psychology of the Individual in Context		3
PSY 252	Mind, Brain, and Behavior		3
PSY 310	Basic Counseling Skills		3
PSY 311C	Basic Counseling Skills Laboratory: AAC	4C	2
PSY 350	Research Design and Analysis II		3
PSY 361	Addiction Counseling Case Conceptualization		3
PSY 454	Biological Psychology		3
Select one statistics course from the following:			3
STAT 301	Introduction to Applied Statistical Methods		
STAT 307	Introduction to Biostatistics		
Select one 3-5 credit math/science course from the following: ⁷			3-5
AA***			
BC***			
BMS 300	Principles of Human Physiology		
BZ***			
CHEM***			
CS***			
DSCI***			
LIFE***			
MATH***			
PH***			
STAT 3**			
Advanced Writing (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#advanced-writing)			3
Total Credits			29-31
Senior			
PSY 365	Addiction Counseling Techniques	4C	3
PSY 410	Psychobiology of Addictions		3
Select three courses from the following: ⁸			9
PSY 325	Psychology of Personality		
PSY 330	Clinical and Counseling Psychology		
PSY 460	Child Exceptionality and Psychopathology		

PSY 573	Psychopharmacology of Addictions	
PSY 574	Addiction Counseling Co-Occurring Disorders	
PSY 575	Addiction Counseling with Diverse Populations	
Select two groups of lecture/lab pairs from the following: ⁹		9-10
Group A:		
PSY 315	Social Psychology	4B
PSY 317	Social Psychology Laboratory	4A
Group B:		
PSY 370	Psychological Measurement and Testing	4B
PSY 371	Psychological Measurement and Testing Lab	4A
Group C:		
PSY 452	Cognitive Psychology	4B
PSY 453	Cognitive Psychology Laboratory	4A
Group D:		
PSY 458	Cognitive Neuroscience	4B
PSY 459	Cognitive Neuroscience Laboratory	4A
Select one course not previously taken from the following:		3
PSY 315	Social Psychology	
PSY 370	Psychological Measurement and Testing	
PSY 452	Cognitive Psychology	
PSY 458	Cognitive Neuroscience	
Electives ¹⁰		2-3
Total Credits		29-31
Program Total Credits:		120

¹ MATH 120 may be completed as a substitute for MATH 117, MATH 118, and MATH 124.

² Select any CS course except CS 192 or variable credit options. Some courses with this prefix will also satisfy the AUCC 3B requirement.

³ Select any PHIL course except variable credit options. Some courses with this prefix will satisfy the AUCC 3B requirement.

⁴ Select any course in category 3C of the AUCC except HONR 492 or any PSY course.

⁵ Select any SPCM course except SPCM 178 and variable credit options. Some courses with this prefix will satisfy the AUCC 3B requirement.

⁶ Select one course from this list, excluding variable credit options, that is not counted elsewhere.

⁷ Select one course from this list, excluding variable credit options, that is not counted elsewhere. Acceptable MATH options are MATH 141, MATH 155, MATH 156, MATH 157, MATH 159, MATH 160, MATH 161, MATH 255, MATH 3** (excluding MATH 384) and MATH 4** (excluding MATH 484, MATH 487, MATH 495, MATH 498)

⁸ Students intending to participate in the Accelerated Masters Program in Addiction Counseling should take PSY 573, PSY 574, and PSY 575.

⁹ Students should select a total of two lecture/lab pairs of courses over the junior and senior years. Two pairs are necessary to satisfy AUCC Cat 4A and 4B requirements.

¹⁰ Select enough elective credits to bring the program to a minimum of 120 credits, of which at least 42 must be upper-division (300- to 400-level).

Major Completion Map

Distinctive Requirements for Degree Program: Students must have a C or better in each of the following courses: PSY 100, PSY 192, PSY 210, PSY 250, PSY 252, PSY 311C, PSY 350, the two lecture-lab pairs in psychology (for the AUCC 4A, 4B requirement) and the third additional lecture selection from PSY 315, PSY 370, PSY 452, or PSY 458.

Maximum of 12 credits allowed toward graduation for any combination of PSY 295, PSY 296, PSY 384, PSY 484, PSY 486, PSY 487, PSY 488, PSY 495A-PSY 495F, PSY 496A-PSY 496F, PSY 498A-PSY 498F, PSY 499A-PSY 499F.

Freshman

Semester 1		Critical	Recommended	AUCC	Credits
CO 150	College Composition (GT-CO2)	X		1A	3
MATH 117	College Algebra in Context I (GT-MA1)	X		1B	1
PSY 100	General Psychology (GT-SS3)	X		3C	3
PSY 192	Psychology First-Year Seminar	X			1
CS***		X			2-4
1C (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc)		X		1C	3

Elective			X		0-2
Total Credits					15
Semester 2					
		Critical	Recommended	AUCC	Credits
MATH 118	College Algebra in Context II (GT-MA1)	X		1B	1
MATH 124	Logarithmic and Exponential Functions (GT-MA1)	X		1B	1
Select one course from the following:		X			3-4
BZ 101	Humans and Other Animals (GT-SC2)			3A	
LIFE 102	Attributes of Living Systems (GT-SC1)			3A	
PHIL***		X			3
Social and Behavioral Sciences (Except HONR 492 or any PSY course) (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#social-behavioral-sciences)			X	3C	3
Electives			X		3-4
CO 150 and PSY 100 must be completed by the end of Semester 2.		X			
Total Credits					15
Sophomore					
Semester 3					
		Critical	Recommended	AUCC	Credits
PSY 250	Research Design and Analysis I	X			3
PSY 320	Psychopathology	X			3
Select one course from the following:			X		3
ETST**					
PSY 305	Psychology of Religion				
PSY 327	Psychology of Women				
PSY 328	Psychology of Human Sexuality				
PSY 437	Psychology of Gender				
WS***					
Any additional AUCC 1C course					
Biological and Physical Sciences (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences)			X	3A	3-4
Elective			X		2-3
Total Credits					15
Semester 4					
		Critical	Recommended	AUCC	Credits
SPCM***		X			3
Arts and Humanities (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)			X	3B	6
Historical Perspectives (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives)			X	3D	3
Elective			X		3
Total Credits					15
Junior					
Semester 5					
		Critical	Recommended	AUCC	Credits
PSY 210	Psychology of the Individual in Context	X			3
PSY 252	Mind, Brain, and Behavior	X			3
PSY 310	Basic Counseling Skills	X			3
PSY 311C	Basic Counseling Skills Laboratory: AAC	X		4C	2
PSY 350	Research Design and Analysis II	X			3
Total Credits					14
Semester 6					
		Critical	Recommended	AUCC	Credits
PSY 361	Addiction Counseling Case Conceptualization	X			3
PSY 454	Biological Psychology	X			3
Select one course from the following:		X			3
STAT 301	Introduction to Applied Statistical Methods				
STAT 307	Introduction to Biostatistics				

Select one 3-5 credit course from the following: X 3-5

AA***

BC***

BMS 300 Principles of Human Physiology

BZ***

CHEM***

CS***

DSCI***

LIFE***

MATH***

PH***

STAT 3**

Advanced Writing (<https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#advanced-writing>) X 2 3

Total Credits**15-17****Senior****Semester 7****Critical****Recommended****AUCC****Credits**

PSY 365 Addiction Counseling Techniques X 4C 3

Select two courses from the following (see footnote on Concentration Requirements tab): X 6

PSY 325 Psychology of Personality

PSY 330 Clinical and Counseling Psychology

PSY 460 Child Exceptionality and Psychopathology

PSY 573 Psychopharmacology of Addictions

PSY 574 Addiction Counseling Co-Occurring Disorders

PSY 575 Addiction Counseling with Diverse Populations

Select one group of lecture/lab pairs from the following: X 4-5

Group A:

PSY 315 Social Psychology 4B

PSY 317 Social Psychology Laboratory 4A

Group B:

PSY 370 Psychological Measurement and Testing 4B

PSY 371 Psychological Measurement and Testing Lab 4A

Group C:

PSY 452 Cognitive Psychology 4B

PSY 453 Cognitive Psychology Laboratory 4A

Group D:

PSY 458 Cognitive Neuroscience 4B

PSY 459 Cognitive Neuroscience Laboratory 4A

Elective X 1-2

Total Credits**15-16****Semester 8****Critical****Recommended****AUCC****Credits**

PSY 410 Psychobiology of Addictions X 3

Select one course not previously taken from the following (see footnote on Concentration Requirements tab): X 3

PSY 325 Psychology of Personality

PSY 330 Clinical and Counseling Psychology

PSY 460 Child Exceptionality and Psychopathology

PSY 573 Psychopharmacology of Addictions

PSY 574 Addiction Counseling Co-Occurring Disorders

PSY 575 Addiction Counseling with Diverse Populations

Select one course not previously taken from the following: X 3

PSY 315 Social Psychology

PSY 370	Psychological Measurement and Testing			
PSY 452	Cognitive Psychology			
PSY 458	Cognitive Neuroscience			
Select one group not previously taken from the following:		X		5
GROUP A:				
PSY 315	Social Psychology		4B	
PSY 317	Social Psychology Laboratory		4A	
GROUP B:				
PSY 370	Psychological Measurement and Testing		4B	
PSY 371	Psychological Measurement and Testing Lab		4A	
GROUP C:				
PSY 452	Cognitive Psychology		4B	
PSY 453	Cognitive Psychology Laboratory		4A	
GROUP D:				
PSY 458	Cognitive Neuroscience		4B	
PSY 459	Cognitive Neuroscience Laboratory		4A	
Elective			X	1
The benchmark courses for the 8th semester are the remaining courses in the entire program of study.		X		
Total Credits				15
Program Total Credits:				120