# MAJOR IN MUSIC (B.M.), MUSIC THERAPY CONCENTRATION

The Bachelor of Music (B.M.), Music Therapy Concentration is a professional degree designed to prepare the student to take the examination of the Certification Board for Music Therapists (MT-BC). Music therapy is the clinical and evidence-based use of music to accomplish individualized goals within a therapeutic relationship. As an MT-BC, graduates may work in a variety of healthcare settings, including hospitals, clinics, rehabilitation facilities, assisted living centers, and in special education. Some music therapists maintain private practices or serve as consultants.

The undergraduate curriculum includes core music courses, music therapy methods and research courses, and general education courses. All students learn to demonstrate musicianship on several instruments including piano, guitar, and voice. Students engage with community members in a variety of service learning and clinical practicum placements, where they are supervised by board-certified music therapists. Students also complete a clinical internship at one of several approved sites, for a total of 1200 hours of clinical experience (as required by the American Music Therapy Association).

The music therapy program at CSU is internationally recognized for its leadership in clinical training and research. The music therapy area includes the Undergraduate Music Therapy Research Academy and the interdisciplinary Brainwaves Research Laboratory, where students have opportunities for hands-on involvement in music and music therapy research.

A background check is required before participating in the practicum course (MU 486A)

## **Music Therapy Tracks**

- A Music Therapy Track **WITH** applied studio lessons on your instrument/voice. In addition to the music therapy audition, this track requires a successful audition on your instrument/voice before entrance.
- A Music Therapy Track WITHOUT applied studio lessons on your instrument/voice. This track does NOT require an audition on your instrument/voice before entrance. The music therapy audition is required.

#### **Concentration-Level Learning Objectives**

- 1. Demonstrate foundational implementation of the four music therapy methods: improvisation, composition, recreative, and receptive.
- Identify a variety of diagnostic criteria for primary special needs populations, foremost including autism spectrum disorder, intellectual/developmental disabilities, Alzheimer's disease, stroke, Parkinson's Disease, mood disorders, thought disorders, and chemical dependency.
- 3. Describe fundamental neuroscience as it relates to how the brain processes music, typically and atypically.

4. Use evidence-based practice concepts and ideas in terms of knowing how to access the literature base, understand the client experience, and know the limits of one's personal and clinical expertise.

Please review the common B.M. Program-Level Learning Objectives (http://catalog.colostate.edu/general-catalog/colleges/liberal-arts/ music-theatre-dance/music-bm/).

### **Music Auditions**

**Prospective CSU Students:** In addition to applying to CSU through the Office of Admissions, a successful audition with CSU Music faculty is required for entrance into the B.M. concentrations. Please visit the music website for Music Audition Information (https://music.colostate.edu/admissions/undergrad-apply/).

**Current CSU Students:** To change your major to music, you may call the School of Music, Theatre, and Dance at (970) 491-5891 or email smtd@colostate.edu (cla\_advising@colostate.edu). Current CSU students need to complete the audition process and be accepted to the School of Music, Theatre, and Dance before contacting the College of Liberal Arts Academic Advising Center. Please visit the music website for Music Audition Information (https://music.colostate.edu/admissions/ undergrad-apply/).

Join an Ensemble: Bands, Orchestras, and Choirs are open to all CSU students. Ensemble audition excerpts and instructions are available at Ensemble Audition Information (https://music.colostate.edu/ auditions/) (some ensembles do not require an audition).

#### **Music Program Fee**

A music program fee is assessed with Undergraduate and graduate music and musical theatre majors and music minors, per semester. Does not apply to the following students: online degree students and summersonly master's degree students. <u>Please visit the</u> Office of the Provost and Executive Vice President (https://provost.colostate.edu/student-resources/) for special course fees.