

MINOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES

The Human Development and Family Studies minor provides students across all majors with an opportunity to select course work relevant to their career goals. Students will learn about human development at various stages of the lifespan, within the context of diverse families and social identities. This minor offers students the opportunity to expand their thinking about how relationships, family, culture, biological make-up, and environmental factors influence outcomes related to thinking skills, physical health, and social-emotional well-being across the life cycle. Students will gain an awareness of how to optimize their own and other's development in their careers and personal lives. The HDFS department is committed to promoting the success and well-being of students from underrepresented backgrounds.

Learning Objectives

Upon successful completion of the Minor in Human Development and Family Studies, students will have:

1. Foundational knowledge of human development within the context of diverse families, social identities, and environmental influences.
2. Knowledge and skills for optimizing the development, health and well-being of individuals and families relevant to their field(s) of interest.

Learn more about the Minor in Human Development and Family Studies on the Department of Human Development and Family Studies website. (<https://www.chhs.colostate.edu/hdfs/programs-and-degrees/minor-in-human-development-and-family-studies/>)