

# MINOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES

## Requirements Effective Fall 2024

Students must satisfactorily complete the total credits required for the minor. Minors and interdisciplinary minors require 12 or more upper-division (300- & 400-level) credits. Additional courses may be required due to prerequisites.

A maximum of 6 credits may double-count with the Gerontology Interdisciplinary Minor, the Certificate in Youth Mentoring, and the Certificate in Disability and Neurodiversity.

A minimum grade of C (2.000) is required in each course used to satisfy the requirements of the Minor in Human Development and Family Studies. Courses used as substitutions also require a minimum grade of C (2.000).

| Code   | Title   | Credits |
|--|---|---------|
| <b>Required Course:</b>  |   |         |
| HDFS 101   | Individual and Family Development (GT-SS3)  | 3       |
| <b>Electives:</b>  |   |         |
| Select a minimum of 18 credits from the following (a minimum of 12 credits must be 300-level or higher): |   | 18      |
| HDFS 201   | Perspectives in Gerontology   | 3       |
| HDFS 217   | Creative Experiences for Children   | 3       |
| HDFS 250   | Introduction to Research Methods  | 3       |
| HDFS 275   | Foundational Helping Skills   | 3       |
| Six credits of the following may count:  |   |         |
| HDFS 286A  | Practicum: Human Development and Family Studies (Practicum: Human Development and Family Studies) |         |
| HDFS 286B  | Practicum: Early Childhood Professions (Practicum: Human Development and Family Studies)          |         |
| HDFS 286C  | Practicum: Pre-Health Professions (Practicum: Pre-Health)   |         |
| HDFS 286D  | Practicum: Prevention and Intervention Sciences (Practicum: Pre-Health)                           |         |
| HDFS 286E  | Practicum: Leadership and Advocacy (Practicum: Leadership)  |         |
| HDFS 310   | Infant and Child Development in Context   | 3       |
| HDFS 311   | Adolescent and Emerging Adult Development   | 3       |
| HDFS 312   | Adult Development-Middle Age and Aging  | 3       |
| HDFS 315   | Disability Across the Lifespan and Culture  | 3       |
| HDFS 317   | Disabilities in Early Childhood Education   | 3       |
| HDFS 318   | Infancy and Toddlerhood   | 3       |
| HDFS 332   | Death, Dying, and Grief   | 3       |
| HDFS 334   | Family and Parenthood Across the Lifespan   | 3       |
| HDFS 350   | Applied Research Methods  | 3       |

|                   |   |   |
|-------------------|---|---|
| HDFS 372/AGED 372 | Inclusive Mentoring for Neurodiverse Peers    | 3 |
| HDFS 375          | Lifespan Intervention and Prevention Science  | 3 |
| HDFS 402          | Couple and Family Studies                     | 3 |
| HDFS 403          | Families in the Legal Environment             | 3 |
| HDFS 404          | Child Life Theory and Practice                | 3 |
| HDFS 410          | Promoting Early Socioemotional Development    | 3 |
| HDFS 411          | Developmental Transitions in Adolescence      | 3 |
| HDFS 412          | Mental and Physical Health in Adulthood       | 3 |
| HDFS 434          | Risk and Resilience Across the Lifespan       | 3 |
| HDFS 439          | Administration of Early Childhood Programs    | 3 |
| HDFS 445/FSHN 445 | Early Childhood Health, Safety, and Nutrition | 3 |

Six credits of the following may count:

|           |  |     |
|-----------|--|-----|
| HDFS 470A | Campus Connections: Youth Mentor           |     |
| HDFS 470B | Campus Connections: Mentor Coach           |     |
| HDFS 470C | Campus Connections: Program Administration |     |
| HDFS 475  | Leadership and Advocacy in Human Services  | 3   |
| HDFS 484  | Supervised College Teaching <sup>1</sup>   | 1-3 |

Six credits of the following may count:

|                              |                             |           |
|------------------------------|-----------------------------|-----------|
| HDFS 498A                    | Research: Human Development |           |
| HDFS 498B                    | Research: Family Studies    |           |
| <b>Program Total Credits</b> |                             | <b>21</b> |

<sup>1</sup> A maximum of 6 credits of HDFS 484 may count.