

MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES, PRE-NURSING CONCENTRATION

Major Completion Map

Distinctive Requirements for Degree Program:

Human Development and Family Studies is an open-entry major for freshmen. For sophomores and above, students must complete and/or be enrolled in HDFS 101, PSY 100 or SOC 100 in order to declare HDFS. HDFS subject code courses and concentration courses must be completed with a grade of C (2.000) or higher. Background check required prior to participating in the internship course (HDFS 488C) during the senior year. Students will complete a graduation contract with an HDFS Academic Advisor during the first two weeks of the semester in which they are graduating.

Freshman

Semester 1	Critical	Recommended	Antireq	Credits
HDFS 101 Lifespan Development (GT-SS3)	X	3C		3
HDFS 271 Introductory Seminar in HDFS	X			1
HES 145 Health and Wellness for Everyone (GT-SS3)	X	1C		3
MATH 110 College Algebra in Context I (GT-MA1)	X	1B		1
Select one group from the following:	X			4
Group A:				
BZ 110 Principles of Animal Biology (GT-SC2)		3A		
BZ 111 Animal Biology Laboratory (GT-SC1)		3A		
Group B:				
LIFE 102 Attributes of Living Systems (GT-SC1)		3A		
Arts and Humanities (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)		3B		3
Historical Perspectives (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives)		3D		3
Total Credits				18
Semester 2	Critical	Recommended	Antireq	Credits
CHEM 107 Fundamentals of Chemistry (GT-SC2)	X	3A		4
CHEM 108 Fundamentals of Chemistry Laboratory (GT-SC1)	X	3A		1

CO 150 College Composition (GT-CO2)		1A		3
PSY 100 General Psychology (GT-SS3)		3C		3
SPCM 200 Public Speaking	X			3
Arts and Humanities (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)		3B		3
Total Credits				17

Sophomore

Semester 3	Critical	Recommended	Antireq	Credits
HDFS 310 Infant and Child Development	X			3
HDFS 311 Adolescent and Emerging Adult Development	X			3
STAT 201 General Statistics (GT-MA1)		1B		3
Select one course from the following:				4
BMS 300 Principles of Human Physiology	X			
HES 300 Physiology for Clinical Health Professions	X			
Select one course from the following:	X			3
CO 300 Writing Arguments (GT-CO3)		2		
CO 301 Writing in the Disciplines: Sciences (GT-CO3)		2		
CO 302 Writing in the Disciplines: Social Sciences (GT-CO3)		2		
Total Credits				16

Semester 4	Critical	Recommended	Antireq	Credits
HDFS 312 Adult Development and Aging	X			3
HDFS 334 Family and Parenthood Across the Lifespan	X			3
HDFS 375 Lifespan Intervention and Prevention Science	X			3
LIFE 205 Microbial Biology	X			3
LIFE 206 Microbial Biology Laboratory	X			2
Diversity, Equity, Inclusion, & Justice Course (see list on Concentration requirements tab)				3
Total Credits				17

Junior

Semester 5	Critical	Recommended	Antireq	Credits
FSHN 150 Introduction to Human Nutrition				3
HDFS 250 Introduction to Research Methods	X			3
HDFS 402 Couple and Family Dynamics	X	4A		3
HDFS 411 Mental and Physical Health in Adulthood	X	4B		3

Pre-Nursing Concentration 3
 Course (See list on Concentration Requirements tab)

Total Credits			15
Semester 6	Critical	Recommended	Credits
BMS 301 Human Gross Anatomy	X		5
HDFS 350 Applied Research Methods	X	4A	3
Select one course from the following:	X		1
HDFS 470 Professional Preparation: Local Internship Placements			
HDFS 470 Professional Preparation: Distance Internship Placements			
HDFS 470 Professional Development			
Pre-Nursing Concentration Course (see list on Concentration Requirements tab)		X	3

Total Credits			12
Senior			
Semester 7	Critical	Recommended	Credits
HDFS 430 Risk and Resilience Across the Lifespan	X	4B	3
HDFS 480 Internship: Pre-Health	X		4-6
Pre-Nursing Concentration Course (see list on Concentration Requirements tab)		X	3
Elective		X	1-3

Total Credits			13
Semester 8	Critical	Recommended	Credits
HDFS 490 Capstone—Evidence-Based Program Proposals	X	4C	3
HES 310 Human Pathophysiology			3
Electives	X		6
The benchmark courses for the 8th semester are the remaining courses in the entire program of study.			
Total Credits			12
Program Total Credits:			120