

MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES, PRE-HEALTH PROFESSIONS CONCENTRATION

Requirements

Effective Fall 2024

A minimum grade of C (2.000) is required in all courses used to satisfy the requirements of the Major in Human Development and Family Studies, Pre-Health Professions Concentration. Courses used as substitutions also require a minimum grade of C (2.000).

Freshman

		AUCC	Credits
CO 150	College Composition (GT-CO2)	1A	3
HDFS 101	Individual and Family Development (GT-SS3)	3C	3
HDFS 277	Introductory Seminar in HDFS		1
Select two courses from the following:			6
PSY 100	General Psychology (GT-SS3)	3C	
SOC 100	Introduction to Sociology (GT-SS3)	3C	
SPCM 200	Public Speaking		
Select one course from the following:			3-4
BZ 101	Humans and Other Animals (GT-SC2)	3A	
LIFE 102	Attributes of Living Systems (GT-SC1)	3A	
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)		3B	3
Diversity, Equity, and Inclusion (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-equity-inclusion)		1C	3
Quantitative Reasoning (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#quantitative-reasoning)		1B	3
Electives			6
Total Credits			31-32

Sophomore

HDFS 250	Introduction to Research Methods		3
HDFS 310	Infant and Child Development in Context		3
HDFS 311	Adolescent and Emerging Adult Development		3
HDFS 334	Family and Parenthood Across the Lifespan		3
Select one course from the following:			3
CO 300	Writing Arguments (GT-CO3)	2	
CO 301B	Writing in the Disciplines: Sciences (GT-CO3)	2	
CO 301C	Writing in the Disciplines: Social Sciences (GT-CO3)	2	
Pre-Health Professions Concentration Course (See list below) ¹			3
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)		3B	3
Biological and Physical Sciences (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences)		3A	3-4
Historical Perspectives (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives)		3D	3

Elective			3
Total Credits			30-31
Junior			
HDFS 312	Adult Development-Middle Age and Aging		3
HDFS 350	Applied Research Methods	4A	3
HDFS 375	Lifespan Intervention and Prevention Science		3
HDFS 402	Couple and Family Studies		3
Select one course from the following: ²			1
HDFS 477A	Professional Preparation: Local Internship Placements		
HDFS 477B	Professional Preparation: Distance Internship Placements		
HDFS 478	HDFS Professional Development		
Diversity, Equity, Inclusion & Justice Course (See list below) ³			3
Pre-Health Professions Concentration Courses (See list below) ¹			6
Electives			9
Total Credits			31
Senior			
HDFS 434	Risk and Resilience Across the Lifespan	4B	3
HDFS 488C ²	Internship: Pre-Health		4-6
HDFS 492	Capstone—Evidence-Based Program Proposals	4C	3
Pre-Health Professions Concentration Courses (See list below) ¹			6
Electives ⁴			9-11
Total Credits			27
Program Total Credits:			120

Pre-Health Professions Concentration Courses

Of the required total of 15 credits, a minimum of 9 credits must be HDFS courses. A minimum of 9 credits must be upper-division (300- to 400-level). Courses from this list may not double-count for more than one HDFS concentration or as the required Diversity Equity, Inclusion & Justice Course.

Code	Title	AUCC	Credits
Select 9-15 credits from the following courses:			
HDFS 201	Perspectives in Gerontology		3
HDFS 217	Creative Experiences for Children		3
HDFS 275	Foundational Helping Skills		3
HDFS 286C	Practicum: Pre-Health Professions		3
HDFS 315	Disability Across the Lifespan and Culture		3
HDFS 317	Disabilities in Early Childhood Education		3
HDFS 332	Death, Dying, and Grief		3
HDFS 372/AGED 372	Inclusive Mentoring for Neurodiverse Peers		3
HDFS 404	Child Life Theory and Practice		3
HDFS 445/FSHN 445	Early Childhood Health, Safety, and Nutrition		3
HDFS 475	Leadership and Advocacy in Human Services		3
Two courses from the following may count:			
HDFS 410	Promoting Early Socioemotional Development		
HDFS 411	Developmental Transitions in Adolescence		

HDFS 412	Mental and Physical Health in Adulthood	
Three credits from the following may count:		
HDFS 470A	Campus Connections: Youth Mentor	
HDFS 470B	Campus Connections: Mentor Coach	
HDFS 497C	Group Study: Student Respect/Wellness Education	
Select 0-6 credits from the following courses:		
ANTH 379	Evolutionary Medicine and Human Health	3
ANTH 416	Gender, Culture, and Health	3
BMS 300	Principles of Human Physiology	4
BMS 301	Human Gross Anatomy	5
BMS 302	Laboratory in Principles of Physiology	2
BZ 350	Molecular and General Genetics	4
CHEM 245	Fundamentals of Organic Chemistry	4
CHEM 341	Modern Organic Chemistry I	3
FSHN 150	Survey of Human Nutrition	3
FSHN 444	Nutrition and Aging	1
FSHN 461	Global Nutrition	2
HES 300	Physiology for Clinical Health Professions	4
HES 345	Population Health and Disease Prevention	3
HES 434	Physical Activity Throughout the Lifespan	3
LIFE 205	Microbial Biology	3
LIFE 206	Microbial Biology Laboratory	2
MIP 300	General Microbiology	3
MIP 302	General Microbiology Laboratory	2
OT 110	Introduction to Occupational Therapy	3
OT 215	Medical Terminology	1
OT 355	The Disability Experience in Society	2
PBHL 200	Introduction to Public Health (GT-SS3)	3C 3
PH 121	General Physics I (GT-SC1) ³	3A 5
PSY 252	Mind, Brain, and Behavior	3
PSY 300	Positive Psychology	3
PSY 320	Psychopathology	3
PSY 327	Psychology of Women	3
PSY 328	Psychology of Human Sexuality	3
PSY 345	Occupational Health Psychology	3
PSY 452	Cognitive Psychology	3
SOC 344	Health, Medicine, and Society	3
WS 397	Group Study	3

Diversity, Equity, Inclusion, & Justice Courses³

Select upper-division 3 credits from the following list. Selected course may not double-count as a concentration course.

Code	Title	Credits
ANTH 317	Anthropology of Human Rights	3
ANTH 333	Anthropology of Sex and Reproduction	3

ANTH 338	Gender and Anthropology	3
ANTH 416	Gender, Culture, and Health	3
ANTH 423	Cultural Psychiatry	3
ANTH 472	Human Biology	3
ANTH 479/IE 479	International Development Theory and Practice	3
ETST 300	Queer Studies and Women of Color	3
ETST 310	African American Studies	3
ETST 320	Ethnicity and Film–Asian-American Experience	3
ETST 332	Contemporary Chicana Issues	3
ETST 342	Queer Indigenous Studies	3
ETST 354	Black Cinema and Media	3
ETST 362/WS 362	Indigenous Consciousness and Gender	3
ETST 365	Global Environmental Justice Movements	3
ETST 438/E 438	Native American Literature	3
HDFS 315	Disability Across the Lifespan and Culture	3
HDFS 317	Disabilities in Early Childhood Education	3
IE 470	Women and Development	3
IE 471	Children and Youth in Global Context	3
PHIL 350	Social and Political Philosophy	3
PHIL 353	Feminist Philosophies	3
PSY 437	Psychology of Gender	3
SOC 330	Social Inequality	3
SOC 333	Gender and Society	3
SOC 334	Sociology of Intersectionality	3
SOC 357	Women, Crime, and Victimization	3
SPCM 334	Co-Cultural Communication	3
SPCM 335	Gender and Communication	3
SPCM 357	Film and Social Change	3
SPCM 401	Rhetoric in Social Movements	3
SPCM 434	Intercultural Communication	3
WS 340	Race and Sexuality	3
WS 375	Intersectionality–Theory, Method, Practice	3

¹ All-University Core Curriculum (AUCC) courses may not be used to fulfill both AUCC requirements and Pre-Health Professions Concentration Course requirements.

² Students with substantial concentration-specific work experience may petition the Director of Undergraduate Advising in HDFS to replace HDFS 488C with additional coursework and complete HDFS 478 instead of HDFS 477A or HDFS 477B.

³ Other 300 and 400 level courses related to Diversity, Equity, Inclusion, and Justice are subject to advisor approval.

⁴ Select enough elective credits to bring the program to a minimum of 120 credits, of which at least 42 must be upper-division (300- to 400-level).