

MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES, NURSING CONCENTRATION

Requirements Effective Fall 2026

Students must earn a grade of C (2.0) or better in all nursing prerequisite courses, HDFS Core and concentration courses, as well as any course substitutions fulfilling these requirements.

Freshman

		AUCC	Credits
CHEM 107	Fundamentals of Chemistry (GT-SC2)	3A	4
CHEM 108	Fundamentals of Chemistry Laboratory (GT-SC1)	3A	1
CO 150	College Composition (GT-CO2)	1A	3
HDFS 101	Lifespan Development (GT-SS3)	3C	3
HDFS 277	Introductory Seminar in HDFS		1
HES 145	Health and Wellness for Everyone (GT-SS3)	1C	3
MATH 117	College Algebra in Context I (GT-MA1)	1B	1
PSY 100	General Psychology (GT-SS3)	3C	3
SPCM 200	Public Speaking		3
Select one group from the following:			4
Group A:			
BZ 110	Principles of Animal Biology (GT-SC2)	3A	
BZ 111	Animal Biology Laboratory (GT-SC1)	3A	
Group B:			
LIFE 102	Attributes of Living Systems (GT-SC1)	3A	
Arts and Humanities (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)			6
Historical Perspectives (https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives)			3
Total Credits			35

Sophomore

HDFS 310	Infant and Child Development		3
HDFS 311	Adolescent and Emerging Adult Development		3
HDFS 312	Adult Development and Aging		3
HDFS 334	Family and Parenthood Across the Lifespan		3
HDFS 375	Lifespan Intervention and Prevention Science		3
LIFE 205	Microbial Biology		3
LIFE 206	Microbial Biology Laboratory		2
STAT 201	General Statistics (GT-MA1)	1B	3
Select one course from the following:			4
BMS 300	Principles of Human Physiology		
HES 300	Physiology for Clinical Health Professions		
Select one course from the following:			3
CO 300	Writing Arguments (GT-CO3)	2	

CO 301B	Writing in the Disciplines: Sciences (GT-CO3)	2	
CO 301C	Writing in the Disciplines: Social Sciences (GT-CO3)	2	
Diversity, Equity, Inclusion, & Justice Course (See list below) ¹			3
Total Credits			33
Junior			
BMS 301	Human Gross Anatomy		5
HDFS 402	Couple and Family Dynamics	4A	3
HDFS 412	Mental and Physical Health in Adulthood	4B	3
HDFS 478	HDFS Professional Development		1
HES 310	Human Pathophysiology		3
Nursing Concentration Course (See list below)			3
Credits transferred from CSU-Pueblo			17
Total Credits			35
Senior			
Credits transferred from CSU-Pueblo ²			3
Credits transferred from CSU-Pueblo			14
Total Credits			17
Program Total Credits:			120

Nursing Concentration Courses

Select 3 credits of concentration courses. Courses may not double-count for more than one HDFS concentration or as the required Diversity Equity, Inclusion & Justice Course.

Code	Title	Credits
BC 351	Principles of Biochemistry	4
CHEM 245	Fundamentals of Organic Chemistry	4
FSHN 115	Health Equity (GT-SS3)	3
FSHN 150	Introduction to Human Nutrition	3
FSHN 220	Intro to Nutrition for Sports and Fitness	3
FSHN 340	Food as Medicine	3
FSHN 350	Human Nutrition	3
FSHN 361	Global Nutrition	2
FSHN 444	Nutrition and Aging	1
HDFS 201	Current Topics in Healthy Aging	3
HDFS 275	Foundational Helping Skills	3
HDFS 286C	Practicum: Pre-Health Professions	3
HDFS 315	Disability Across the Lifespan and Culture	3
HDFS 317	Disabilities in Early Childhood Education	3
HDFS 332	Death, Dying, and Grief	3
HDFS 372/AGED 372	Inclusive Mentoring for Neurodiverse Peers	2-4
HDFS 404	Child Life Theory and Practice	3
HDFS 445/FSHN 445	Early Childhood Health, Safety, and Nutrition	3
HES 202	Introduction to Exercise Physiology (GT-SC2)	3
HES 207	Anatomical Kinesiology	4
HES 300	Physiology for Clinical Health Professions	4
HES 345	Population Health and Disease Prevention	3
HES 354	Theory of Health Behavior	3
HES 434	Physical Activity Throughout the Lifespan	3

PBHL 200	Introduction to Public Health (GT-SS3)	3
PSY 320	Psychopathology	3
SOC 344	Health, Medicine, and Society	3

Diversity, Equity, Inclusion, & Justice Courses¹

Select 3 upper-division credits from the following list. Selected course may not double-count as a concentration course.

Code	Title	Credits
ANTH 317	Anthropology of Human Rights	3
ANTH 333	Anthropology of Sex and Reproduction	3
ANTH 338	Gender and Anthropology	3
ANTH 416	Gender, Culture, and Health	3
ANTH 423	Cultural Psychiatry	3
ANTH 472	Human Biology	3
ANTH 479/IE 479	International Development Theory and Practice	3
E 352	Study Abroad: Reading and Writing the Zambia Experience	3
ETST 300	Queer Studies and Women of Color	3
ETST 310	African American Studies	3
ETST 332	Contemporary Chicana Issues	3
ETST 342	Queer Indigenous Studies	3
ETST 354	Black Cinema and Media	3
ETST 362/WS 362	Indigenous Consciousness and Gender	3
ETST 365	Global Environmental Justice Movements	3
ETST 438/E 438	Native American Literature	3
HDFS 315	Disability Across the Lifespan and Culture	3
HDFS 317	Disabilities in Early Childhood Education	3
IE 470	Women and Development	3
PHIL 350	Social and Political Philosophy	3
PHIL 353	Feminist Philosophies	3

PSY 437	Psychology of Gender	3
SOC 330	Social Inequality	3
SOC 333	Gender and Society	3
SOC 334	Sociology of Intersectionality	3
SOC 357	Women, Crime, and Victimization	3
SPCM 334	Communication Across Difference	3
SPCM 335	Gender and Communication	3
SPCM 357	Film and Social Change	3
SPCM 401	Rhetoric in Social Movements	3
SPCM 434	International and Intercultural Communication	3
WS 340	Race and Sexuality	3
WS 375	Intersectionality--Theory, Method, Practice	3

¹ Other 300- and 400-level courses related to Diversity, Equity, Inclusion, and Justice are subject to advisor approval.

² The AUCC 4C requirement, emphasizing Capstone Experiences that integrate learning and skills from the student's major, will be fulfilled through upper-division nursing coursework transfer credit as approved by the academic unit. This course will focus on applying theoretical knowledge in real-world clinical practice, critical thinking, and leadership in healthcare. The capstone experience will take place in a simulation and clinical setting, allowing students to demonstrate mastery of key competencies and align their academic experience with the degree program's learning outcomes.