

MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES, LEADERSHIP AND ADVOCACY CONCENTRATION

Requirements

Effective Fall 2024

A minimum grade of C (2.000) is required in all courses used to satisfy the requirements of the Major in Human Development and Family Studies, Leadership and Advocacy Concentration. Courses used as substitutions also require a minimum grade of C (2.000).

Freshman

		AUCC	Credits
CO 150	College Composition (GT-CO2)	1A	3
HDFS 101	Individual and Family Development (GT-SS3)	3C	3
HDFS 277	Introductory Seminar in HDFS		1
Select two courses from the following:			6
PSY 100	General Psychology (GT-SS3)	3C	
SOC 100	Introduction to Sociology (GT-SS3)	3C	
SPCM 200	Public Speaking		
Select one course from the following:			3-4
BZ 101	Humans and Other Animals (GT-SC2)	3A	
LIFE 102	Attributes of Living Systems (GT-SC1)	3A	
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)		3B	6
Diversity, Equity, and Inclusion (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-equity-inclusion)		1C	3
Historical Perspectives (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives)		3D	3
Quantitative Reasoning (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#quantitativereasoning)		1B	3
Total Credits			31-32

Sophomore

HDFS 250	Introduction to Research Methods		3
HDFS 310	Infant and Child Development in Context		3
HDFS 311	Adolescent and Emerging Adult Development		3
HDFS 312	Adult Development-Middle Age and Aging		3
HDFS 334	Family and Parenthood Across the Lifespan		3
Select one course from the following:			3
CO 300	Writing Arguments (GT-CO3)	2	
CO 301B	Writing in the Disciplines: Sciences (GT-CO3)	2	
CO 301C	Writing in the Disciplines: Social Sciences (GT-CO3)	2	
Biological and Physical Sciences (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences)		3A	3-4
Leadership & Advocacy Concentration Course (See list below)			3
Electives			6
Total Credits			30-31

Junior

HDFS 350	Applied Research Methods	4A	3
HDFS 375	Lifespan Intervention and Prevention Science		3
HDFS 402	Couple and Family Studies		3
Select one course from the following: ¹			1
HDFS 477A	Professional Preparation: Local Internship Placements		
HDFS 477B	Professional Preparation: Distance Internship Placements		
HDFS 478	HDFS Professional Development		
Diversity, Equity, Inclusion & Justice Course (See list below)			3
Leadership & Advocacy Concentration Courses (See list below)			6
Electives			11
Total Credits			30

Senior

HDFS 434	Risk and Resilience Across the Lifespan	4B	3
HDFS 475	Leadership and Advocacy in Human Services		3
HDFS 488E ¹	Internship: Leadership		4-6
HDFS 492	Capstone—Evidence-Based Program Proposals	4C	3
Leadership & Advocacy Concentration Course (See list below)			3
Electives ²			10-12
Total Credits			28
Program Total Credits:			120

Leadership and Advocacy Courses

Of the 15 credits of concentration courses, 3 credits of HDFS 475 are required (as noted above). Of the remaining 12 credits, a minimum of 3 credits must be HDFS courses, a minimum of 6 credits must be advocacy or social justice courses, and a minimum of 6 credits must be upper-division (300- to 400-level). Courses from this list may not double-count for more than one HDFS concentration, as the required Diversity Equity, Inclusion & Justice Course, or as the required AUCC 1C Diversity, Equity, and Inclusion course.

Code	Title	AUCC	Credits
Select 3-6 credits from the following courses:			
HDFS 201	Perspectives in Gerontology		3
HDFS 286E	Practicum: Leadership and Advocacy		3
HDFS 403	Families in the Legal Environment		3
HDFS 439	Administration of Early Childhood Programs		3
One course from the following may count:			3
HDFS 410	Promoting Early Socioemotional Development		
HDFS 411	Developmental Transitions in Adolescence		
HDFS 412	Mental and Physical Health in Adulthood		
Six credits from the following may count:			6
HDFS 360	Leadership Through Peer Mentoring I		
HDFS 370	Leadership Through Peer Mentoring II		
HDFS 470B	Campus Connections: Mentor Coach		
HDFS 470C	Campus Connections: Program Administration		
HDFS 497A	Group Study: Peer Advising		

HDFS 497B	Group Study: Undergraduate Outreach and Leadership	
HDFS 497C	Group Study: Student Respect/ Wellness Education	
HDFS 497D	Group Study: Asian/Pacific American Cultural Center	
HDFS 497E	Group Study: Rites of Passage Mentoring Program	
HDFS 497G	Group Study: Human Development ⁴	

Select 6-9 credits from the following courses:

ANTH 317	Anthropology of Human Rights		3
ANTH 416	Gender, Culture, and Health		3
ANTH 479/IE 479	International Development Theory and Practice		3
ECON 211	Gender in the Economy (GT-SS1) ³	1C	3
ETST 300	Queer Studies and Women of Color		3
ETST 305	Ethnicity, Class, and Gender in the U.S.		3
ETST 310	African American Studies		3
ETST 332	Contemporary Chicana Issues		3
ETST 342	Queer Indigenous Studies		3
ETST 365	Global Environmental Justice Movements		3
HDFS 315	Disability Across the Lifespan and Culture		3
HDFS 317	Disabilities in Early Childhood Education		3
HDFS 372/AGED 372	Inclusive Mentoring for Neurodiverse Peers		3
IE 470	Women and Development		3
IE 471	Children and Youth in Global Context		3
IE 472	Education for Global Peace		3
JTC 316	Multiculturalism and the Media		3
SOC 333	Gender and Society		3
SOC 334	Sociology of Intersectionality		3
SOC 357	Women, Crime, and Victimization		3
SOWK 330	Dismantling Privilege and Oppression		3
SOWK 410	Social Welfare - Policy, Issues, and Advocacy		3
SPCM 334	Co-Cultural Communication		3
SPCM 335	Gender and Communication		3
SPCM 401	Rhetoric in Social Movements		3
SPCM 434	Intercultural Communication		3
WS 340	Race and Sexuality		3
WS 375	Intersectionality--Theory, Method, Practice		3

Select 0-3 credits from the following courses:

ACT 205	Fundamentals of Accounting		3
BUS 205	Legal and Ethical Issues in Business		3
ECON 202	Principles of Microeconomics (GT-SS1) ³	3C	3
ECON 204	Principles of Macroeconomics (GT-SS1) ³	3C	3

FACS 320	Finance-Personal and Family	3
FIN 305	Fundamentals of Finance	3
IDEA 210	Introduction to Design Thinking (GT- 3B AH1)	3
IU 170	A Call to Lead I: Theories and Skills	2
IU 270	Leadership Styles I: Personal Application	2
IU 470	Effective Leadership I: Success as a Leader	3
MGT 305	Fundamentals of Management	3
MGT 330	Creativity, Innovation, and Value Creation	3
MGT 340	Fundamentals of Entrepreneurship	3
MGT 360	Social and Sustainable Venturing	3
MGT 420	New Venture Creation	3
MKT 305	Fundamentals of Marketing	3
PHIL 205	Introduction to Ethics	3
POLS 351	Public Administration	3
POLS 460	Public Policy Process	3
RRM 101	Hospitality and Event Industry	3
SOC 455	Sociology of Law	3
SPCM 300	Advanced Public Speaking	3
SPCM 408	Applied Deliberative Techniques	3
SPCM 436	Conflict Management and Communication	3

Diversity, Equity, Inclusion, & Justice Courses

Select 3 upper-division credits from the following list.⁵ Selected course may not double-count as a concentration course.

Code	Title	Credits
ANTH 317	Anthropology of Human Rights	3
ANTH 333	Anthropology of Sex and Reproduction	3
ANTH 338	Gender and Anthropology	3
ANTH 416	Gender, Culture, and Health	3
ANTH 423	Cultural Psychiatry	3
ANTH 472	Human Biology	3
ANTH 479/IE 479	International Development Theory and Practice	3
ETST 300	Queer Studies and Women of Color	3
ETST 310	African American Studies	3
ETST 320	Ethnicity and Film—Asian-American Experience	3
ETST 332	Contemporary Chicanx Issues	3
ETST 342	Queer Indigenous Studies	3
ETST 354	Black Cinema and Media	3
ETST 362/WS 362	Indigenous Consciousness and Gender	3
ETST 365	Global Environmental Justice Movements	3
ETST 438/E 438	Native American Literature	3
HDFS 315	Disability Across the Lifespan and Culture	3
HDFS 317	Disabilities in Early Childhood Education	3
IE 470	Women and Development	3
IE 471	Children and Youth in Global Context	3
PHIL 350	Social and Political Philosophy	3
PHIL 353	Feminist Philosophies	3
PSY 437	Psychology of Gender	3
SOC 330	Social Inequality	3

SOC 333	Gender and Society	3
SOC 334	Sociology of Intersectionality	3
SOC 357	Women, Crime, and Victimization	3
SPCM 334	Co-Cultural Communication	3
SPCM 335	Gender and Communication	3
SPCM 357	Film and Social Change	3
SPCM 401	Rhetoric in Social Movements	3
SPCM 434	Intercultural Communication	3
WS 340	Race and Sexuality	3
WS 375	Intersectionality–Theory, Method, Practice	3

- ¹ Students with substantial concentration-specific work experience may petition the Director of Undergraduate Advising in HDFS to replace HDFS 488E with additional coursework and complete HDFS 478 instead of HDFS 477A or HDFS 477B.
- ² Select enough elective credits to bring the program to a minimum of 120 credits, of which at least 42 must be upper-division (300- to 400-level).
- ³ Courses selected to fulfill All-University Core Curriculum (AUCC) requirements may not double count toward the Leadership and Advocacy Concentration Course requirement.
- ⁴ Participation in the Campus Connections Learning Community is required for registration into HDFS 497G.
- ⁵ Other 300 and 400 level courses related to Diversity, Equity, Inclusion, and Justice subject to advisor approval.