MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES, LEADERSHIP AND ADVOCACY CONCENTRATION

Human Development and Family Studies is an open-entry major for freshmen. For sophomores and above, students must complete and/or be enrolled in HDFS 101, PSY 100 or SOC 100 in order to declare HDFS. HDFS subject code courses must be completed with a grade of C (2.000) or higher. Background check required prior to participating in the internship course (HDFS 488E) during the senior year. Students will complete a graduation contract with an HDFS Academic Advisor during the first two weeks of the semester in which they are graduating.

Major Completion Map

Distinctive Requirements for Degree Program:

Freshman

Semester 1		Critical	Recommended	AUCC	Credits
CO 150	College Composition (GT-CO2)	X		1A	3
HDFS 101	Individual and Family Development (GT-SS3)	X		3C	3
HDFS 277	Introductory Seminar in HDFS	X			1
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)			X	3B	3
Historical Perspectives (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives)				3D	3
Quantitative Reasoning (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#quantitativereasoning)			X	1B	3
	Total Credits				**16**

Semester 2		Critical	Recommended	AUCC	Credits
Select two courses from the following:		X			6
PSY 100	General Psychology (GT-SS3)			3C	
SOC 100	Introduction to Sociology (GT-SS3)			3C	
SPCM 200	Public Speaking				
Select one course from the following:		X			3-4
BZ 101	Humans and Other Animals (GT-SC2)			3A	
LIFE 102	Attributes of Living Systems (GT-SC1)			3A	
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)			X	3B	3
Diversity, Equity, and Inclusion (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-equity-inclusion)			X	1C	3
CO 150 and HDFS 277 must be completed by the end of Semester 2.		X			
	Total Credits				**15-16**

Sophomore

Semester 3		Critical	Recommended	AUCC	Credits
HDFS 250	Introduction to Research Methods	X			3
HDFS 310	Infant and Child Development in Context	X			3
HDFS 334	Family and Parenthood Across the Lifespan	X			3
Biological and Physical Sciences (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences)			X	3A	3-4
Electives			X		3
	Total Credits				**15-16**

Semester 4		Critical	Recommended	AUCC	Credits
HDFS 311	Adolescent and Emerging Adult Development	X			3
HDFS 312	Adult Development-Middle Age and Aging	X			3
Select one course from the following:					3
CO 300	Writing Arguments (GT-CO3)			2	
CO 301B	Writing in the Disciplines: Sciences (GT-CO3)		X	2	
CO 301C	Writing in the Disciplines: Social Sciences (GT-CO3)		X	2	

		Critical	Recommended	AUCC	Credits
Leadership & Advocacy Concentration Course (See Department List on Concentration Requirements tab)		X			3
Electives			X		3
	Total Credits				**15**

Junior

Semester 5		Critical	Recommended	AUCC	Credits
HDFS 350	Applied Research Methods	X		4A	3
HDFS 375	Lifespan Intervention and Prevention Science	X			3
Leadership & Advocacy Concentration Course (See Department List on Concentration Requirements tab)		X			3
Elective			X		5
	Total Credits				**14**

Semester 6		Critical	Recommended	AUCC	Credits
HDFS 402	Couple and Family Studies	X			3
Select one course from the following:		X			1
HDFS 477A	Professional Preparation: Local Internship Placements				
HDFS 477B	Professional Preparation: Distance Internship Placements				
HDFS 478	HDFS Professional Development				
Diversity, Equity, Inclusion & Justice Course (See Department List on Concentration Requirements tab)		X			3
Leadership & Advocacy Concentration Course (See Department List on Concentration Requirements tab)		X			3
Elective			X		6
	Total Credits				**16**

Senior

Semester 7		Critical	Recommended	AUCC	Credits
HDFS 434	Risk and Resilience Across the Lifespan	X		4B	3
HDFS 475	Leadership and Advocacy in Human Services	X			3
HDFS 488E	Internship: Leadership	X			4-6
Electives			X		4-6
HDFS 350 must be completed by the end of Semester 7.		X			
	Total Credits				**16**

Semester 8		Critical	Recommended	AUCC	Credits
HDFS 492	Capstone--Evidence-Based Program Proposals	X		4C	3
Leadership & Advocacy Concentration Course (See Department List on Concentration Requirements tab)		X			3
Electives			X		6
The benchmark courses for the 8th semester are the remaining courses in the entire program of study.		X			
	Total Credits				**12**
	Program Total Credits:				**120**