

# MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES, HUMAN DEVELOPMENT AND FAMILY STUDIES CONCENTRATION

## Requirements

### Effective Fall 2024

A minimum grade of C (2.000) is required in all courses used to satisfy the requirements of the Major in Human Development and Family Studies, Human Development and Family Studies Concentration. Courses used as substitutions also require a minimum grade of C (2.000).

#### Freshman

		AUCC	Credits
CO 150	College Composition (GT-CO2)	1A	3
HDFS 101	Individual and Family Development (GT-SS3)	3C	3
HDFS 277	Introductory Seminar in HDFS		1
Select two courses from the following:			6
PSY 100	General Psychology (GT-SS3)	3C	
SOC 100	Introduction to Sociology (GT-SS3)	3C	
SPCM 200	Public Speaking		
Select one course from the following:			3-4
BZ 101	Humans and Other Animals (GT-SC2)	3A	
LIFE 102	Attributes of Living Systems (GT-SC1)	3A	
Arts and Humanities ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities</a> )			6
Diversity, Equity, and Inclusion ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-equity-inclusion">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-equity-inclusion</a> )			3
Historical Perspectives ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives</a> )			3
Quantitative Reasoning ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#quantitativereasoning">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#quantitativereasoning</a> )			3
<b>Total Credits</b>			<b>31-32</b>

#### Sophomore

HDFS 250	Introduction to Research Methods		3
HDFS 310	Infant and Child Development in Context		3
HDFS 311	Adolescent and Emerging Adult Development		3
HDFS 312	Adult Development-Middle Age and Aging		3
HDFS 334	Family and Parenthood Across the Lifespan		3
Select one course from the following:			3
CO 300	Writing Arguments (GT-CO3)	2	
CO 301B	Writing in the Disciplines: Sciences (GT-CO3)	2	
CO 301C	Writing in the Disciplines: Social Sciences (GT-CO3)	2	
Biological and Physical Sciences ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences</a> )			3-4
Human Development and Family Studies Concentration Course (See list below)			3
Electives			6
<b>Total Credits</b>			<b>30-31</b>

**Junior**

HDFS 350	Applied Research Methods	4A	3
HDFS 375	Lifespan Intervention and Prevention Science		3
HDFS 402	Couple and Family Studies		3
Select one course from the following: <sup>1</sup>			1
HDFS 477A	Professional Preparation: Local Internship Placements		
HDFS 477B	Professional Preparation: Distance Internship Placements		
HDFS 478	HDFS Professional Development		
Diversity, Equity, Inclusion & Justice Course (See list below) <sup>2</sup>			3
Human Development and Family Studies Concentration Courses (See list below)			6
Electives			11
<b>Total Credits</b>			<b>30</b>

**Senior**

HDFS 434	Risk and Resilience Across the Lifespan	4B	3
HDFS 488A <sup>1</sup>	Internship: Human Development and Family Studies		4-6
HDFS 492	Capstone--Evidence-Based Program Proposals	4C	3
Human Development and Family Studies Concentration Courses (See list below)			6
Electives <sup>3</sup>			10-12
<b>Total Credits</b>			<b>28</b>
<b>Program Total Credits:</b>			<b>120</b>

**Human Development and Family Studies Concentration Courses**

Of the 15 credits of concentration courses, a minimum of 9 credits must be HDFS courses and a minimum of 9 credits must be upper-division (300- to 400-level). Courses may not double-count for more than one HDFS concentration or as the required Diversity Equity, Inclusion & Justice Course.

Code	Title	Credits
<b>Select 9-15 credits from the following courses:</b>		
HDFS 201	Perspectives in Gerontology	3
HDFS 217	Creative Experiences for Children	3
HDFS 286A	Practicum: Human Development and Family Studies	3
HDFS 315	Disability Across the Lifespan and Culture	3
HDFS 317	Disabilities in Early Childhood Education	3
HDFS 318	Infancy and Toddlerhood	3
HDFS 332	Death, Dying, and Grief	3
HDFS 403	Families in the Legal Environment	3
HDFS 439	Administration of Early Childhood Programs	3
One course from the following may count:		
HDFS 410	Promoting Early Socioemotional Development	
HDFS 411	Developmental Transitions in Adolescence	
HDFS 412	Mental and Physical Health in Adulthood	
Three credits from the following may count:		
HDFS 470A	Campus Connections: Youth Mentor	
HDFS 497A	Group Study: Peer Advising	
HDFS 497B	Group Study: Undergraduate Outreach and Leadership	
<b>Select 0-6 credits from the following courses:</b>		
D 324	Teaching Creative Movement	3
ETST 305	Ethnicity, Class, and Gender in the U.S.	3
FSHN 150	Survey of Human Nutrition	3
FSHN 444	Nutrition and Aging	1
FSHN 461	Global Nutrition	2
HES 434	Physical Activity Throughout the Lifespan	3

IE 471	Children and Youth in Global Context	3
OT 355	The Disability Experience in Society	2
PHIL 205	Introduction to Ethics	3
POLS 460	Public Policy Process	3
PSY 252	Mind, Brain, and Behavior	3
PSY 310	Basic Counseling Skills	3
PSY 320	Psychopathology	3
PSY 452	Cognitive Psychology	3
PSY 460	Child Exceptionality and Psychopathology	3
PSY 492A	Seminar: Applied Social Psychology	1-3
PSY 492B	Seminar: Cognitive Psychology	1-3
PSY 492C	Seminar: Counseling/Clinical Psychology	1-3
PSY 492D	Seminar: Industrial/Organizational Psychology	1-3
PSY 492E	Seminar: Perceptual and Brain Sciences	1-3
PSY 492F	Seminar: Special Topics in Psychology	1-3
RRM 101	Hospitality and Event Industry	3
SOWK 370	Addictions - A Social Work Perspective	3
SOWK 371A	Fields of Practice: Child Protection	3
SOWK 371B	Fields of Practice: Juvenile Justice	3
SOWK 371C	Fields of Practice: Criminal Justice	3
SOWK 371E	Fields of Practice: Social Gerontology	3
SPCM 334	Co-Cultural Communication	3

## Diversity, Equity, Inclusion, & Justice Courses<sup>2</sup>

Select 3 upper-division credits from the following list. Selected course may not double-count as a concentration course.

Code	Title	Credits
ANTH 317	Anthropology of Human Rights	3
ANTH 333	Anthropology of Sex and Reproduction	3
ANTH 338	Gender and Anthropology	3
ANTH 416	Gender, Culture, and Health	3
ANTH 423	Cultural Psychiatry	3
ANTH 472	Human Biology	3
ANTH 479/IE 479	International Development Theory and Practice	3
ETST 300	Queer Studies and Women of Color	3
ETST 310	African American Studies	3
ETST 320	Ethnicity and Film—Asian-American Experience	3
ETST 332	Contemporary Chicana Issues	3
ETST 342	Queer Indigenous Studies	3
ETST 354	Black Cinema and Media	3
ETST 362/WS 362	Indigenous Consciousness and Gender	3
ETST 365	Global Environmental Justice Movements	3
ETST 438/E 438	Native American Literature	3
HDFS 315	Disability Across the Lifespan and Culture	3
HDFS 317	Disabilities in Early Childhood Education	3
IE 470	Women and Development	3
IE 471	Children and Youth in Global Context	3
PHIL 350	Social and Political Philosophy	3
PHIL 353	Feminist Philosophies	3
PSY 437	Psychology of Gender	3
SOC 330	Social Inequality	3
SOC 333	Gender and Society	3
SOC 334	Sociology of Intersectionality	3

SOC 357	Women, Crime, and Victimization	3
SPCM 334	Co-Cultural Communication	3
SPCM 335	Gender and Communication	3
SPCM 357	Film and Social Change	3
SPCM 401	Rhetoric in Social Movements	3
SPCM 434	Intercultural Communication	3
WS 340	Race and Sexuality	3
WS 375	Intersectionality--Theory, Method, Practice	3

<sup>1</sup> Students with substantial concentration-specific work experience may petition the Director of Undergraduate Advising in HDFS to replace HDFS 488A with additional coursework and complete HDFS 478 instead of HDFS 477A or HDFS 477B.

<sup>2</sup> Other 300 and 400 level courses related to Diversity, Equity, Inclusion, and Justice are subject to advisor approval.

<sup>3</sup> Select enough elective credits to bring the program to a minimum of 120 credits, of which at least 42 must be upper-division (300- to 400-level).