

MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES, BEHAVIORAL AND MENTAL HEALTH PROGRAMS CONCENTRATION

The Behavioral and Mental Health Programs Concentration is designed for students who are preparing for careers in the helping and human services professions such as therapists, counselors, case managers, educators, behavior technicians, student affairs professionals, public health and social service providers, as well as for students seeking a research career in human development and family studies or a related field. This concentration offers students specialized training in prevention and intervention programming related to promoting individual, family, and community health and wellness throughout the lifespan. This concentration is an excellent choice for students interested in helping careers requiring a bachelor's degree or additional credentials. Coursework emphasizes evidence-based programs, and students will learn how to design and implement community-based prevention and intervention programs for youth, adults, and families. Students can focus on a specific aspect of the lifespan or choose courses across the lifespan. The course work also serves as an excellent second concentration to students focusing on early childhood, pre-health professions, or leadership and advocacy professions.

Learn more about the Human Development and Family Studies major on the Department of Human Development and Family Studies website. (<https://www.chhs.colostate.edu/hdfs/programs-and-degrees/b-s-in-human-development-and-family-studies/>)