

CERTIFICATE IN INFANT AND EARLY CHILDHOOD MENTAL HEALTH

The undergraduate certificate in Infant and Early Childhood Mental Health is for individuals interested in working with families with infants and young children. Students will explore theoretical and evidence-based information underlying infant and early childhood mental health and be introduced to basic assessment and intervention approaches from a socioecological perspective by taking into consideration developmental, contextual, cultural, relationship, and systemic factors influencing infant and early childhood mental health.

Learning Objectives

Upon successful completion of this certificate, students will be able to:

1. Explain theories, research, and definitions related to infant and early childhood socioemotional development and mental health.
2. Synthesize concepts of responsive caregiving, challenges in family dynamics, and atypical and typical patterns of child development.
3. Implement knowledge of infant and early childhood mental health for screening, assessment, and observations in applied settings.
4. Evaluate evidence-based practices and interventions for inclusion of infants and young children with socioemotional or behavioral health differences and from diverse familial and cultural contexts.