

MAJOR IN NUTRITION AND FOOD SCIENCE, PRE-HEALTH NUTRITION CONCENTRATION

Major Completion Map

Freshman

Semester 1		Critical	Recommended	AUCC	Credits
CO 150	College Composition (GT-CO2)	X		1A	3
FSHN 150	Survey of Human Nutrition	X			3
LIFE 102	Attributes of Living Systems (GT-SC1)	X		3A	4
MATH 117	College Algebra in Context I (GT-MA1)	X		1B	1
MATH 118	College Algebra in Context II (GT-MA1)	X		1B	1
PSY 100	General Psychology (GT-SS3)	X		3C	3
Total Credits					15

Semester 2		Critical	Recommended	AUCC	Credits
Select one group from the following:		X			5
Group A:					
CHEM 107	Fundamentals of Chemistry (GT-SC2)			3A	
CHEM 108	Fundamentals of Chemistry Laboratory (GT-SC1)			3A	
Group B:					
CHEM 111	General Chemistry I (GT-SC2)			3A	
CHEM 112	General Chemistry Lab I (GT-SC1)			3A	
LIFE 103	Biology of Organisms-Animals and Plants (GT-SC1)	X		3A	4
MATH 124	Logarithmic and Exponential Functions (GT-MA1)	X		1B	1
MATH 125	Numerical Trigonometry (GT-MA1)	X		1B	1
Diversity, Equity, and Inclusion (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-equity-inclusion)			X	1C	3
Total Credits					14

Sophomore

Semester 3		Critical	Recommended	AUCC	Credits
CHEM 113	General Chemistry II	X			3
CHEM 114	General Chemistry Lab II	X			1
MATH 155	Calculus for Biological Scientists I (GT-MA1)	X		1B	4
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)				3B	3
Historical Perspectives (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives)			X	3D	3
Total Credits					14

Semester 4		Critical	Recommended	AUCC	Credits
BMS 300	Principles of Human Physiology	X			4
CHEM 341	Modern Organic Chemistry I	X			3
FSHN 340	Food as Preventive Medicine	X			3
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)			X	3B	3
Social and Behavioral Sciences (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#social-behavioral-sciences)			X		3
Total Credits					16

Junior					
Semester 5		Critical	Recommended	AUCC	Credits
CHEM 343	Modern Organic Chemistry II	X			3
CHEM 344	Modern Organic Chemistry Laboratory	X			2
FSHN 350	Human Nutrition	X			3
Select one course from the following:		X			3
CO 300	Writing Arguments (GT-CO3)			2	
CO 301B	Writing in the Disciplines: Sciences (GT-CO3)			2	
CO 301C	Writing in the Disciplines: Social Sciences (GT-CO3)			2	
JTC 300	Strategic Writing and Communication (GT-CO3)			2	
Elective			X		3
Total Credits					14
Semester 6		Critical	Recommended	AUCC	Credits
BC 351	Principles of Biochemistry	X			4
FSHN 428	Nutrition Teaching and Counseling Techniques	X			3
PH 121	General Physics I (GT-SC1)	X		3A	5
STAT 301	Introduction to Applied Statistical Methods	X			3
Total Credits					15
Senior					
Semester 7		Critical	Recommended	AUCC	Credits
BZ 310 or LIFE 210	Cell Biology Introductory Eukaryotic Cell Biology	X			3-4
FSHN 450	Medical Nutrition Therapy	X		4B	5
FSHN 459	Nutrition in the Life Cycle	X		4A	3
Electives			X		4-5
Total Credits					16
Semester 8		Critical	Recommended	AUCC	Credits
FSHN 470	Integrative Nutrition and Metabolism	X			3
FSHN 492 (Final semester only)	Seminar in Dietetics and Nutrition	X		4C	2
MIP 300	General Microbiology	X			3
MIP 302	General Microbiology Laboratory	X			2
Electives			X		6
The benchmark courses for the 8th semester are the remaining courses in the entire program of study.		X			
Total Credits					16
Program Total Credits:					120