

# MAJOR IN FAMILY AND CONSUMER SCIENCES, INTERDISCIPLINARY CONCENTRATION

Students are encouraged to complete a Family and Consumer Sciences internship.

## Major Completion Map

### Distinctive Requirements for Degree Program:

#### Freshman

Semester 1		Critical	Recommended	AUCC	Credits
CO 150	College Composition (GT-CO2)		X	1A	3
FSHN 150	Survey of Human Nutrition				3
HDFS 101	Individual and Family Development (GT-SS3)		X	3C	3
Select one course from the following:					3
AM 130	Awareness and Appreciation of Design			3B	
ART 100	Introduction to the Visual Arts (GT-AH1)			3B	
IDEA 210	Introduction to Design Thinking (GT-AH1)			3B	
Quantitative Reasoning ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#quantitativereasoning">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#quantitativereasoning</a> )		X		1B	3

#### Total Credits

15

Semester 2		Critical	Recommended	AUCC	Credits
FACS 179	Introduction to Family and Consumer Sciences	X			2
PSY 100	General Psychology (GT-SS3)			3C	3
Select one group from the following:					4-5
Group A:					
CHEM 103	Chemistry in Context (GT-SC2)	X		3A	
CHEM 104	Chemistry in Context Laboratory (GT-SC1)	X		3A	
Group B:					
CHEM 107	Fundamentals of Chemistry (GT-SC2)	X		3A	
CHEM 108	Fundamentals of Chemistry Laboratory (GT-SC1)	X		3A	
Elective					5
CO 150, HDFS 101 must be completed by the end of Semester 2.		X			

#### Total Credits

14-15

#### Sophomore

Semester 3		Critical	Recommended	AUCC	Credits
SOC 100	Introduction to Sociology (GT-SS3)			3C	3
Select one course from the following:					3-4
BUS 150	Business Computing Concepts and Applications				
CS 110	Personal Computing				
Select one course from the following:					3-4
BZ 101	Humans and Other Animals (GT-SC2)			3A	
LIFE 102	Attributes of Living Systems (GT-SC1)			3A	
Diversity, Equity, and Inclusion ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-equity-inclusion">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-equity-inclusion</a> )		X		1C	3
Elective					3

#### Total Credits

15-16

Semester 4		Critical	Recommended	AUCC	Credits
DM 272	Consumers in the Marketplace	X			3
HES 145	Health and Wellness				3

SPCM 200	Public Speaking				3
ECON *** Course					3
Arts and Humanities ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities</a> )			3B		3
FSHN 150 must be completed by the end of Semester 4.		X			
<b>Total Credits</b>					<b>15</b>
<b>Junior</b>					
<b>Semester 5</b>		<b>Critical</b>	<b>Recommended</b>	<b>AUCC</b>	<b>Credits</b>
FACS 320	Finance-Personal and Family				3
FACS 360	Family and Consumer Sciences Research			4B	3
FSHN 300	Food Principles and Applications				3
FSHN 301	Food Principles and Applications Laboratory				2
Advanced Writing ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#advanced-writing">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#advanced-writing</a> )		X		2	3
Historical Perspectives ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives</a> )				3D	3
<b>Total Credits</b>					<b>17</b>
<b>Semester 6</b>		<b>Critical</b>	<b>Recommended</b>	<b>AUCC</b>	<b>Credits</b>
Select one course from the following:					3
HDFS 310	Infant and Child Development in Context	X			
HDFS 311	Adolescent/Early Adult Development in Context	X			
HDFS 312	Adult Development-Middle Age and Aging	X			
FSHN, FTEC, RRM Elective					3
Family and Consumer Science Elective					9
<b>Total Credits</b>					<b>15</b>
<b>Senior</b>					
<b>Semester 7</b>		<b>Critical</b>	<b>Recommended</b>	<b>AUCC</b>	<b>Credits</b>
HDFS 334	Family and Parenthood Across the Lifespan				3
HDFS 403	Families in the Legal Environment				3
Family and Consumer Science Elective					6
<b>Total Credits</b>					<b>12</b>
<b>Semester 8</b>		<b>Critical</b>	<b>Recommended</b>	<b>AUCC</b>	<b>Credits</b>
FACS 479	Colloquium--Family and Consumer Sciences	X		4A,4C	2
HDFS 402	Couple and Family Studies	X			3
Career Objective Elective		X			3-6
Family and Consumer Science Electives		X			6
The benchmark courses for the 8th semester are the remaining courses in the entire program of study.					
<b>Total Credits</b>					<b>14-17</b>
<b>Program Total Credits:</b>					<b>120</b>